

# VESSEL LIFE SAVING APPLIANCE CHECK LIST

## FOR COMPLETION BY PARTICIPATING CAPTAINS / MASTERS

**THE CAPTAIN'S / MASTER'S ATTENTION IS DRAWN TO PART TWO, SPECIAL REGULATIONS, OF  
SAIL TRAINING INTERNATIONAL RACING AND SAILING RULES 2011 EDITION**

Date Form Received	
Time Form Received	
Received by (initials)	

<u>Requested</u> date and time (am / pm) for Inspection	
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N			
S	R1	R2	R3
P	R1	R2	R3

<b>Vessel:</b>	<b>Call sign:</b>	<b>Sail N°:</b>	<b>Class:</b>
<b>Maximum N° of persons the vessel is registered to carry on board (POB):</b>		<b>MMSI N°:</b>	
<b>SAT C N°:</b>	4	<b>EPIRB ID (Hex Code):</b>	
<b>Satellite Telephone:</b>		<b>Ship's Mobile Telephone:</b>	+

Rule N°	ITEM	CHECK	CHECK
3.01	<b>WATERTIGHT INTEGRITY OF HULL</b> 3.01.2 Vessels shall have at least two exits from the hull. At least one exit shall be located in the fore part of the accommodation		
3.03	<b>PULPITS, STANCHIONS, GUARDRAILS</b> 3.03.1 Double guardrails, wires or bulwarks at least 610mm in height and 3.03.2 effectively continuous around the deck where practical		3.03.3 Where application of 3.03.1 & 3.03.2 is impractical, and on the bowsprit if applicable, secure 3.03.5 safety arrangements for clipping on safety harnesses in place.

3.04	<b>BILGE PUMPS &amp; BUCKETS (Class B, C &amp; D Vessels only)-</b> 3.04.1 Two permanently installed bilge pumps, one operable from the exterior.	CHECK	3.04.1b) Two buckets, minimum 9 litres, plus lanyard				CHECK
3.07	<b>MARINE COMMUNICATIONS</b> (see Rule 3.07 to check what equipment is required for the race entered)						
3.07.1	<b>For all Races – Fixed VHF radio transceiver</b>	CHECK	Rated power output (Minimum 25W)	Masthead antenna	Emergency VHF antenna (or other means of communication independent of rig)		
			CHANNEL 16 YES / NO CHANNEL 72 YES / NO	Radio receiver capable of receiving long range weather bulletins			
3.07.1	<b>For all Races – Hand-held VHF radio transceiver</b>		CHANNEL 16 YES / NO CHANNEL 72 YES / NO	Other Frequencies	Means of charging YES / NO		
3.07.2	<b>For Category 1 Races – One HF/MF SSB transceiver OR One Satellite Communication Transceiver System</b>		Distress alerting facility	Antenna fitted to vessel's structure	Emergency HF/MF antenna (or other means of communication independent of rig)		
3.07.2	<b>For Category 0 Races – Two Satellite Communications Transceiver Systems OR HF/MF SSB radio and one Satellite Communications Transceiver System</b>		SATCOM Type(s)	SATCOM ID Number(s)			
<b>Fixed VHF Self-test declaration</b>	Date / time	Satisfactory	Vessel Location	Receiving station ID	Range (min 10 M)	Name and Signature	
<b>Hand-held VHF Self-test declaration</b>	Date / time	Satisfactory	Vessel Location	Receiving station ID	Range	Name and Signature	
<b>MF/HF Self-test declaration</b>	Date / time	Satisfactory	Vessel Location	Receiving station ID	Range	Name and Signature	
<b>SATCOM Self-test declaration</b>	Date / time	Satisfactory	Vessel Location	Receiving station ID	Range	Name and Signature	

4.01	<b>LIFERAFTS</b>					A/B	4.03	<b>LIFERAFT SERVICING AND INSPECTION</b>			CHECK	
	4.01.2	Category 0 Race – SOLAS A						Valid certificates of servicing and/or inspection, period of validity not exceeding 3 years				
	4.01.3	Category 1 and 2 Race – SOLAS A or B, ISAF, ISO 9650										
	4.01.4	N° fitted on vessel		Total liferaft capacity		N° of Persons on board (POB)						
4.02	<b>LIFERAFT STOWAGE</b>						Regd N°	Regd N°				
	4.02.1	either	a)	on the working deck			Capacity	Capacity				
		or	b)	purpose-built compartment			Certificate date	Certificate date				
		Regd N°	Capacity		Certificate date	Regd N°	Capacity		Certificate date	Regd N°	Capacity	
Additional liferaft information to be listed on the reverse of this page												
4.04	<b>GRAB-BAG</b> (Recommendation for Class B, C & D Vessels only)-						Contents		Waterproof list of contents			
4.05	<b>LIFEBUOYS</b> [Minimum 2 all vessels]						Name of vessel on lifebuoys (4.05.1)		Number on Deck			
							Marine grade retro-reflective tape applied (4.05.1)		Self igniting lights fitted (4.05.2)			
	4.05.2	<b>Either:</b>	Two lifebuoys within easy reach of helmsman (Class B, C & D Vessels only)				One with whistle, drogue, light and dan buoy (3m line)		One with light and drogue			
	4.05.3	<b>Or:</b>	Vessel equipped to SOLAS LSA Code Chap III requirements									

4.06	<b>PYROTECHNIC SIGNALS</b>										
	<b>Either:</b>		<b>Category 0 Race</b>			<b>Category 1 Race</b>			<b>Category 2 Race</b>		
			N°	Expiry Date		N°	Expiry Date		N°	Expiry Date	
		Red parachute flares	6			4			4		
		Red hand Held	4			4			4		
	Orange smoke signals	2			2			2			
<b>Or:</b>	Vessel is SOLAS certificated (4.06.4)										
4.07	<b>FIRE EXTINGUISHERS</b>										
	As per MGN 280			Location	Type	Insp Date	Location	Type	Insp Date		
	<b>Engine Space</b> (4.07.6)	Type	Insp Date	Location	Type	Insp Date	Location	Type	Insp Date		
	<b>Fire Blanket</b> (4.07.5)	Type	Location	Location	Type	Insp Date	Location	Type	Insp Date		
4.09	<b>FLASHLIGHTS (as per MGN 280)</b> Waterproof and suitable for signalling, and one suitable as Searchlight			CHECK	Spare batteries and bulbs					CHECK	
4.10	<b>FIRST AID</b> First Aid or Medical Kit and manual									CHECK	
4.14	<b>DURABLE STOWAGE CHART</b> Displayed in main accommodation area, clearly marked with location of principal items of safety equipment									CHECK	
4.19	<b>EPIRBs</b> Not compulsory			Make/Model		ID N°		Battery expiry date			
				Make/Model		ID N°		Battery expiry date			

4.20	<b>BUOYANT HEAVING LINE AND KNIFE</b>	15-25 m buoyant heaving line	CHECK	Strong, sharp knife and sheath (4.20.2)	CHECK
	<b>For Class B, C &amp; D vessels only:</b> Readily accessible (4.20.1)	CHECK			
4.24	<b>JACKSTAYS</b> (Class B, C & D vessels only)	Jackstays fitted on deck, port and starboard of centreline	CHECK	5mm stainless steel wire or equivalent	CHECK
5.01	<b>LIFEJACKETS</b> One per crew member	<b>Total N°</b>	Correct Stowage		Retro-reflective tape fitted on each
			Whistle and Light fitted on each		Vessel's name on each
5.02	<b>SAFETY HARNESS AND SAFETY LINES.</b> (One per crew member) Total number on board		Vessel's name on each		
	<b>For Class A vessels:</b> (One per deck watch) Total number on board		Safety Line - not more than 2 m long having at least one snap hook at one end		
5.03	<b>CLIPPING POINTS FOR SAFETY HARNESSES</b> (Class B, C & D vessels only)	Clipping points for safety harnesses adjacent to work stations			
		Crew members able to clip on before coming on deck / unclip before going below			

# DECLARATION

**As Captain/Master of the vessel** \_\_\_\_\_

**(name of vessel)**

1. I declare that I am duly qualified and hold all necessary certificates to enable me to command the Sail Training vessel named above as a participant in the Race and that, if required by the laws of the country in which it is registered or has its home port, my vessel is legally licensed and insured to sail with trainees and take part in all programmed activities whether in port or at sea (including racing).
2. I confirm that I have received a copy of Sail Training International Group Racing and Sailing Rules and Special Regulations 2011 Edition, which I have read and understood and that I, my vessel and crew, comply in all respects with those Rules and will continue to do so throughout the Race Series.
3. I have carried out an inspection of the life saving appliances on board my vessel and am satisfied that all such equipment as specified in the above report is available and in proper working order.
4. I declare that the stability characteristics of my vessel are appropriate for the sea areas and season in which the Race will take place.
5. I acknowledge that visits by a representative of ASTO (Race Official) in regard to this Vessel Life Saving Appliance Check List are only ensuring that participants comply with the Special Regulations and the Race Officials or representatives of ASTO do not have any liability or responsibility for the fitness for purpose or performance of any safety or other equipment on board the vessel. I understand that ASTO and their agents are not responsible for the seaworthiness of, or in any respect of any incident to, the vessel entered and that all on board will take part in the race at their own risk and responsibility.
6. The decision to start and continue a Small Ships Race organised by ASTO is entirely mine; my vessel will not start or continue with the Race unless I am completely satisfied that the vessel and the crew are fit to do so.
7. I understand that the Race Committee may not permit my vessel to take part in the race if they in their absolute discretion consider my vessel or its crew not fit to take part in a race for any reason whatsoever and that the Race Committee shall not be obliged to give any reason for their decision.
8. I agree that in any dispute or matter relating to the race, the decision of ASTO or the Race Committee appointed by them, shall be final.
9. I confirm that no one under the age of 12 years of age will be on board, as required by the Rules and Notice of Race.

RACE 1	RACE 2	RACE 3
NAME OF CAPTAIN/MASTER [PRINT NAME]	NAME OF CAPTAIN/MASTER [PRINT NAME]	NAME OF CAPTAIN/MASTER [PRINT NAME]
SIGNATURE OF CAPTAIN/MASTER	SIGNATURE OF CAPTAIN/MASTER	SIGNATURE OF CAPTAIN/MASTER
MOBILE TELEPHONE NUMBER:	MOBILE TELEPHONE NUMBER:	MOBILE TELEPHONE NUMBER:
DATE	DATE	DATE
NAME OF ASTO RACE OFFICIAL CHECKING REPORT [PRINT NAME]	NAME OF ASTO RACE OFFICIAL CHECKING REPORT [PRINT NAME]	NAME OF ASTO RACE OFFICIAL CHECKING REPORT [PRINT NAME]
DATE AND TIME PASSED INSPECTION	DATE AND TIME PASSED INSPECTION	DATE AND TIME PASSED INSPECTION

# ANNEX

## Guidelines for the Inspection of Life Saving Appliances

- 1 **It is the responsibility of the Captain/Master of each vessel to ensure that all necessary and appropriate life saving appliances are on board, in date (where appropriate) and in good working order.**
- 2 All vessels participating in any part of a Tall Ships International Group event or endorsed event may be required to produce their Life Saving Appliances to verify that these items are on board and, where appropriate, in date (see footnote regarding state-owned Class A and B vessels). The ASTO Race Official may also request that other items identified in the Sail Training International Group Racing & Sailing Rules and Special Regulations 2011 Edition are on board, but any such inspection shall not in any way absolve the Captain/Master of the vessel from his responsibilities as stated above.
- 3 The Captain/Master of each participating vessel is to complete a Vessel Life Saving Appliances (VLSA) Check List, sign it and return it to the Mobile Race Office as soon as he/she is satisfied that his/her vessel complies with the Special Regulations.
- 4 Once the correctly completed VLSA Check List is received, a Race Official will arrange with the Captain/Master to visit the vessel to ensure that all necessary and appropriate life saving appliances are on board, in date (where appropriate) and in good working order.
- 5 Should the Race Official have a language difficulty with the Captain/Master or his representative, a request will be made for the designated English-speaking crew member to be present.
- 6 Note that terrestrial mobile telephones **will not be** accepted as alternative means of communication in place of the emergency antennae referred to in Special Rule 3.07 (due to their limited range offshore).
- 7 Note that vessels participating in Category 1 Races must be equipped with **either** an HF/MF SSB transceiver **or** a Satellite Communications Transceiver System
- 8 During the inspection the Race Official will indicate on the page reserved for RACE OFFICIAL'S COMMENTS any Life Saving Appliances which he/she has noted as missing or in any way unsatisfactory. This page will then be signed by the Captain/Master or first mate and witnessed by the Race Official's signature.
- 9 On completion of the inspection, the vessel will be either "satisfactory" or "unsatisfactory". Deficiencies identified in items other than Life Saving Appliances will normally result in a recommendation to the Captain/Master, but multiple deficiencies may result in the Race Official recommending to the Race Committee that the vessel should not be permitted to participate in the event for which it was inspected.
- 10 Where a Race Official has made comments in relation to Life-Saving Appliances or any other items, the Captain/Master may request a re-inspection at a time to be agreed with the Inspector.

**RACE OFFICIAL'S COMMENTS (ASTO Copy)**

**Vessel Name** .....

Any non-compliance should be recorded in the spaces below and acknowledged by the Master or Authorised Officer's signature, adjacent to each one.

The Race Official should leave a copy of the list of non-compliances (page 9) with the Master or Authorised Officer, returning the rest of the Vessel LSA Check List to the Race Office.

**The Race Official should draw the Master or Authorised Officer's attention to the deadlines and penalties listed in Rule 12 before leaving a vessel which has not passed inspection.**

**The deadline for re-inspection is:**.....

RACE .....					RACE .....				
RULE N°	COMMENTS	Master or Auth. Officer	Issued By	Rectified	RULE N°	COMMENTS	Master or Auth. Officer	Issued By	Rectified



**RACE OFFICIAL'S COMMENTS (Ship's Copy)**

**Vessel Name** .....

Any non-compliance should be recorded in the spaces below and acknowledged by the Master or Authorised Officer's signature, adjacent to each one.

The Race Official should leave this copy of the list of non-compliances with the Master or Authorised Officer, returning the rest of the Vessel LSA Check List to the Race Office.

**The Race Official should draw the Master or Authorised Officer's attention to the deadlines and penalties listed in Rule 12 before leaving a vessel which has not passed inspection.**

**The deadline for re-inspection is:**.....

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